



wellness
SERVICES

richmond

Be inspired. Feel good. Stay well.

description of available services

Chiropractic (DC)

A non-surgical, drugless therapy using low, non-force and traditional Chiropractic adjustments to bring the spine into alignment, allowing for the restoration of health and mobility.

Naturopathic Medicine (ND)

A holistic and natural approach to treating digestive issues, food sensitivities, anxiety/depression, insomnia, weight loss, pain, colds/flu, allergies, women's health issues, and other common health conditions through diet, lifestyle, supplements, and lab analysis.

Acupuncture (RAc)

Used for thousands of years to effectively treat pain, headaches/migraine, women's health issues, digestive issues, anxiety/depression and other common conditions by treating the imbalance of energy in the body causing the disease.

Registered Dietitian (RD)

Trained in giving advice about food, nutrition and diet to help you achieve some of your health goals. RD's are able to help you make better food choices and can help with meal planning to make eating healthy easy, fun and more manageable.

Registered Massage Therapy (RMT)

A relaxing and therapeutic way to address muscle tension, stress, anxiety, and overuse injuries by targeting tight muscles leaving you completely euphoric and relaxed.



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menu of services — richmond

Chiropractic (DC)

Initial Consultation & Exam (30 min)	\$60
Follow Up Visit	\$45

Naturopathic Medicine (ND)

Initial Visit (60 min)	\$125
Follow Up Visit (45 min)	\$90
Follow Up Visit (30 min)	\$68

Acupuncture (RAc)

Initial Visit	\$90
Follow Up Visit	\$65

Registered Dietitian (RD)

Initial Visit (75 min)	\$100
Follow Up Visit (30 min)	\$50
Extended Follow Up Visit (60 min)	\$90
Nutrition Make-Over Package	\$399

Registered Massage Therapy (RMT)

30 min	\$55
45 min	\$75
60 min	\$90
90 min	\$125

Speak to a member of the Guest Experience team to book your appointment.

Treatment packages available - ask your practitioner for details. Prices do not include applicable taxes.